



Five items must be completed at this time for your student to participate. These five forms can be accessed via the following link: [NORTHERN HIGHLANDS FORMS](#)

- 1) [The Health History Questionnaire](#). This is a SEASONAL form that must be uploaded to Genesis for each sport that is played throughout the year.
- 2) This [PPE form](#) (Annual Physical Form). This Pre-participation physical exam form should remain with your Health Care Provider after your physical exam is complete
- 3) [Medical Eligibility form](#)- (Annual Medical Form). This should be completed by your Healthcare Provider during your physical exam then uploaded to Genesis Parent Portal.
- 4) [Medical Form B](#)-(Annual Medical Form). This should be completed by your Healthcare Provider during your physical exam then uploaded to Genesis Parent Portal
- 5) [Family ID Registration](#) - This must be completed for each SEASON of participation and is found under the **clubs/athletics>forms** on the Northern Highlands website