

2021-2022 DISTRICT GOAL 3 ACTION PLAN: Wellness

DISTRICT GOAL: Northern Highlands will continue to evaluate ways to enhance student wellness and its wellness program and promote programs that focus on wellness, climate and culture. We shall expand programs and opportunities provided by the district for students, faculty and staff, as well as families to support and foster wellness.

Major Activities	Board/staff	Resources	Constraints	Timelines	Indicators of Success
1. Evaluate monitor, and conduct oversight of goal	Principal Assistant Principal of Student Affairs Supervisor of Wellness and Equity	Google Drive	None	July and Ongoing	<ul style="list-style-type: none"> ● Submission of report
2. Summer Academy Wrap Around Services	Superintendent Principal Director of C&I Summer Academy Coordinator Supervisor of Wellness and Equity Director of Guidance	Assistant Principal of Student Affairs	Time Budget	June 2021 - July 2021	<ul style="list-style-type: none"> ● Counseling staff on sight ● Scheduled appointments
3. Summer Bridge Services (Thrive Programming)	Superintendent Principal Director of C&I Director of Guidance Supervisors	Supervisors Teachers	Time Budget Cap on Course Offering	July 2021 and ongoing	<ul style="list-style-type: none"> ● Advertisement and posting via district website and social media ● Attendance of students, faculty and parents ● Materials developed ● Board Presentation
4. Summer Counseling Services	Superintendent Principal Director of C&I	Director of Guidance Director of Wellness & Equity	Time Budget	June 2021 - July 2021	<ul style="list-style-type: none"> ● Counseling staff on sight ● Scheduled appointments

	Supervisor of Wellness and Equity Director of Guidance				
5. Expanding Signs of Suicide Programming	Superintendent Principal Assistant Principals Director of C&I Supervisor of Wellness and Equity Director of Guidance Supervisor of PE/Health	Supervisor of Wellness and Equity Counselling and HPE staff	Time Budget	July 2021 and ongoing	<ul style="list-style-type: none"> ● Program materials ● Calendar of activities ● Implementation in key content areas (i.e. HPE) ● Parent program NHPASS
6. Curriculum writing for programs	Superintendent Principal Director of C&I	Principal Director of C&I Supervisors Teachers	Time Budget	July 2021 and ongoing	<ul style="list-style-type: none"> ● Social emotional learning as evidenced in observations, post conferences and unit plans
7. Welcome Back Wellness for staff	Superintendent Principal Director of C&I Supervisor of Wellness and Equity	Principal Director of C&I Supervisors Director of Wellness & Equity Teacher and PD Chair	Time	September 2021	<ul style="list-style-type: none"> ● Schedule of wellness events ● Teacher attendance in sessions ● Staff feedback through surveys
8. Partnerships: JED, Sandy Hook Promise, Positive Coaching Alliance	Superintendent Principal Assistant Principals Director of C&I	Principal Assistant Principal - Athletics Director of Wellness & Equity	Time Budget	June 2021 and ongoing	<ul style="list-style-type: none"> ● Schedule of meetings ● Email correspondence ● Feedback via surveys

	Supervisor of Wellness and Equity Director of Guidance				
9. Implementation of the Mission and Vision	Superintendent Principal Assistant Principals Director of C&I	Tech Department DECA Digital Media Student Government Class Councils	Time Budget	Ongoing throughout 2021-2022 school year	<ul style="list-style-type: none"> ● Revised Staff & Student/Parent Handbooks ● Revised 8th Grade Folder ● Signage ● Back to School Night media ● Student events, i.e. Field Day, Trunk or Treat, etc.
10. Administration of Drug and alcohol survey	Superintendent Principal Assistant Principals Director of C&I Supervisor of Wellness and Equity Director of Guidance	PRIDE Surveys Student Assistance Counselors Tech Department Teachers & counselors	Time Budget Active consent of parent/guardian(s)	Nov. 2021	<ul style="list-style-type: none"> ● Gaining active consent of parents ● Survey data ● Summary Report ● Informing future programs and curricula with respect to drug/alcohol education
11. Mental health screening for athletes	Superintendent Principal Assistant Principal-Athletics Supervisor of Wellness and Equity	Athletic Trainers Student athletes Student Assistance Counselors	Time	July and ongoing	<ul style="list-style-type: none"> ● Develop & implement program ● Baseline data ● Informing future programs and curricula with respect to mental health education
12. Expansion of orientation and programming that was missed due to remote learning	Superintendent Principal Assistant Principals Supervisor of Wellness and Equity	Supervisors Teachers Activity Advisors Student panel	Time	September and ongoing	<ul style="list-style-type: none"> ● Calendar of Events ● Expanding orientation program entitled the Sophomore Social ● Extending activity fair to include 10 grade students. ● Activity sign-ups

	Supervisors				
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